

EnAble

Able Truss - Working with builders and architects to forge a better industry for all

Hi Everyone,

As another year draws to a close most within the industry will be keen for a well earned break, particularly given the challenges we have all faced.

We'll be closing up on the 21 December and returning on Monday 14 January ready to confront the new year head on!

If we can help with anything let us know.

Stay smiling and most of all, safe.

From all the Team at Able Truss – have a great break.

We look forward to working with you next year

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Guaranteed quality, personalized service

Proud supporters of the YMCA's Bridge project – providing hope, inspiring dreams for our youth

SunSmart at Work

Australia has one of the highest rates of skin cancer in the world. Two in every three Australians will develop skin cancer before the age of 70. If you're an outdoor worker, the likelihood of developing skin cancer is even greater.

Check the UV level each day and during the sun protection times, take these simple steps to protect yourself against sun damage:

1. Seek shade:
 - Work and take breaks in the shade.
 - Plan to work indoors or in the shade during the middle of the day when UV levels are strongest.
 - Plan to do outdoor tasks early in the morning or later in the afternoon.
 - Share outdoor tasks so the same person is not always out in the sun.
2. Provide and use protective clothing (long sleeved, collared shirts broad brimmed hats and sunglasses).
3. Apply and regularly reapply broad-spectrum 30+ sunscreen.

Quick tip: if your job requires you to work outside, tax deductions are available for sun protection products.